

EDUCATION SEMINAR

Energize Your Abilities

*Techniques that Address Anxiety
The Learning Blocker*



**DATE, April 18th, 2013
10:00 am – 12:00 pm**

**Delta Sault Ste Marie
Waterfront
208 St Mary's River Drive
Brule Room**

FREE WORKSHOP

**Call to Pre-Register
855-522-0100
or E-Mail:**

communityoutreach@ldasubury.ca

**Many learning difficulties
(processing difficulties)
are directly related to stress.**

This experiential workshop
introduces energy balancing
techniques that can address
your stress,
the stress of your child,
and/or the children you serve.



Anxiety limits cognitive function.
A stressed person/student,
cannot process information
effectively.

A calm, energetically balanced
brain supports efficient cognitive
abilities with improved life and
learning being the outcome.

**Facilitated By: Angie DeMarco
Education Coordinator LDAS**