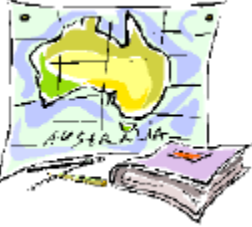
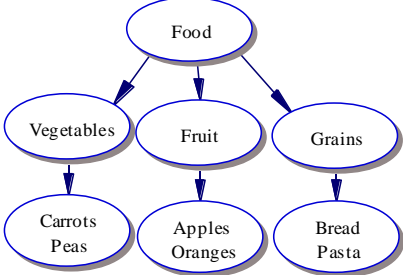



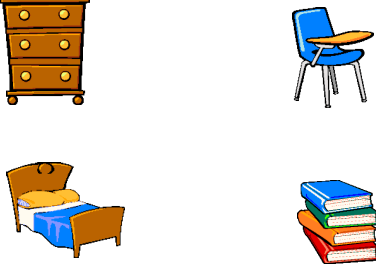

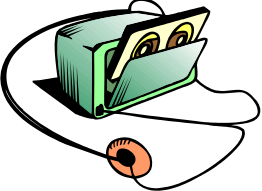
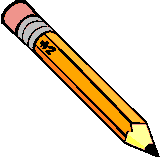




MEMORY STRATEGIES



STRATEGY	DEFINITION	EXAMPLE
<p>Mind Map</p> 	<p>Organize mental maps from known information; then fill in the missing information: main ideas, details, categories/parts, diagram labels.</p>	
<p>Acronym</p> 	<p>Let the first letter of each word in a sentence represent the first letter of the word/list you want to memorize.</p>	<p>H O M E S u n i r u r o t a c h e p e n r i g a n r i o r</p>
<p>Linking Words</p>	<p>Link images together; connect one word to another and create a crazy image.</p>	
<p>Poems, Rhymes, Nonsense, Verses, Lyrics</p> 	<p>Using a familiar tune, substitute information to be learned.</p>	<p>“Mary had a little lamb” “The ABC song” In 1492, Columbus sailed the ocean blue”</p>
<p>Take-A-Trip</p> 	<p>Visualize familiar objects around a room and attach some information/words with each object. This is a good strategy for lists.</p>	
<p>Acrostics</p>	<p>Make up a sentence using the first letter of each word.</p>	 <p>Musical Scale-EGBDF Every Good Boy Deserves Fudge</p>

<p>Hookups</p>	<p>Using one word, or a series of letters, “hook up” information beginning with the same letter.</p>	<p>To remember names of some Northern Ontario towns:</p> <p>S Sudbury Sault Ste. Marie</p> <p>N North Bay Noelleville</p> <p>O Onapping Falls Ouellette</p> <p>W Warren Walden</p>
<p>Make-A-Tape</p> 	<p>Make a tape recording information to be learned. This technique is good for remembering spelling lists, important information from class notes, almost anything.</p>	<p>Play it repeatedly over several days. Play it just before sleeping at night.</p>
<p>Write it!</p> 	<p>Writ it repeatedly and say it aloud as you write. This strategy is good for almost anything.</p>	<p>Write it just before you go to sleep.</p> 
<p>Poetry</p>	<p>The best way to remember poetry is to break it down into small, meaningful sections.</p>	<p>Remember the story. Practice the meter/rhyme.</p>
<p>Mental Pictures</p> 	<p>Visualize how you see or expect to see a total picture. This technique is good for remembering diagrams.</p>	<p>To remember the skeletal system: Close your eyes and visualize an X-ray view of the skeleton from the head down.</p>