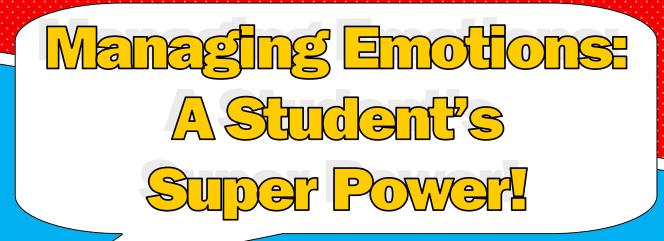


OCTOBER IS LEARNING DISABILITIES AWARENESS MONTH



FREE COMMUNITY WORKSHOP:

This workshop validates the correlation between a student's ability to self-regulate and their ability to tolerate anxiety and negative emotions. When a student is able to manage emotions the increased focus supports academic success. Attendees will be introduced to a variety of self-administrable Mindfulness Techniques.



FOR MORE INFORMATION PLEASE CONTACT: LDAS @ 705-522-0100