



United Way Centraide
North East Ontario
Nord-est de l'Ontario

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The Learning Disabilities Association of Sudbury would like to welcome you back to a new school year. Whether you have decided to return to the classroom or you will be learning from home, we want to let you know that we are here to help.

Presently, we are working in a virtual capacity to support families, but we want to assure you that we continue to offer families the same quality programs and services as we have in the past.

We are working along side the Rainbow District School Board (RDSB) and the Sudbury District Catholic School Board (SDCSB) to make sure that all students with learning disabilities have access to the resources and supports they need to be successful this school year.

Click here to learn more about the re-opening of schools or contact your child's school for more details.

Rainbow District School Families



<https://www.rainbowschools.ca/wp-content/uploads/2020/08/RainbowDSB-School-Reopening-Plan-August-27-2020.pdf>



Sudbury Catholic School Families

<https://www.sudburycatholicschools.ca/reopening-plan-for-2020-2021-school-year/>

PARENTS

ADHD PARENT EDUCATION PROGRAM

LDAS hosted its second ADHD Parent Education Program led by Dr. Robert Silvestri and supported by our Resource Facilitator Wendy Larouche. This program offered parents resources and training to address the behavioral and academic risks facing students with ADHD.

Post testing from the program showed growth in all areas of the topics covered and the feedback received from parents was very positive. Parents who participated in the program continued to be dedicated and actively participated even when the program was moved to a virtual format due to COVID-19.



Feedback from Sessions

“Just wanted to send a heartfelt thank you, to both of you, for all you’ve done. Being able to participate in this course was so rewarding and I’m eternally grateful to you both for sharing your incredible wealth of knowledge. What a blessing this is to families. Thank you again, take good care!”, Parent

“I was very pleased with this course. I learned a lot of information that I was not aware of before. Robert was very engaged and Wendy was always helpful. I would have preferred to complete the course in person. I think open discussion was easier in the class setting, rather than online, but I’m so glad we were able to complete the course at all.”, Parent

“So pleased and grateful this course was even offered, thank you!”, Parent

We will be hosting this program again in the new year. To learn more please contact our office for details. 705 522 0100.

SUPPORT FOR DISABILITY TAX CREDIT HOLDERS

The Government has announced that individuals who receive the Disability Tax Credit may be entitled to receive a one-time, tax-free payment of up to \$600. This money is to assist with additional expenses you may have during the pandemic. Funds will automatically be sent to you.

Follow the link to learn more.

<https://www.canada.ca/en/services/benefits/covid19-emergency-benefits/one-time-payment-persons-disabilities.html>



Canada

YOUTH AND STUDENTS

A GREAT SUCCESS STORY



Who says that students with learning disabilities cannot pursue a postsecondary education?

Meet Danya, at 27 she returned to school and enrolled in the Registered Practical Nurse program at College Boreal.

Danya’s message to other students is **“Never give up, no matter what the challenges are. Don’t get discouraged. Keep focussing on your goal. You will encounter obstacles, but that’s all they are, and they can be overcome. Don’t be afraid to ask for help.”**

Adapted from www.ldatschool.ca

Follow the link below to read Danya’s full story:
<https://www.ldatschool.ca/tag/success-stories/>

ANNOUNCEMENT!

Students registered in our Coaching Program, please note we are hosting a virtual Meet and Greet to kick off the program.

Date: September 29, 2020

Location: Families will receive a Zoom link via email to attend.

Time: 7:00 p.m.



QUOTES

“Education is the passport to the future, for tomorrow belongs to those who prepare for it today”
Malcolm X

“Tell me and I’ll forget; show me and I may remember”; involve me and I’ll understand”
Chinese Proverb

“Children will listen to you after they feel listened to”
Jane Nelson

“Education is the most powerful weapon which you can use to change the world”
Nelson Mandela

EDUCATORS

ENGAGING STUDENTS IN THE CLASSROOM

Student engagement is an ever-present concern in today's classrooms. Why? Because increased student engagement is linked to higher achievement and more effective classroom management.

There are a number of teaching strategies that you can employ:

- ◆ beginning each lesson with an interesting fact;
- ◆ planning for short attention spans;
- ◆ exuding enthusiasm and engagement;
- ◆ and most importantly, addressing different learning styles and multiple types of intelligences;

For 10 teaching strategies you can use in the classroom follow the link below:

<https://www.classcraft.com/blog/features/teaching-strategies-to-keep-students-engaged-in-the-classroom/>



APPS TO USE IN THE CLASSROOM



Brainpop Feature Movie: (Free) - with optional in-app subscription – Explore various educational animated shorts on many different school subjects with an optional quiz at the end to test your knowledge.



MyScript Calculator: (Free) - there are many calculators available but this one allows the user to handwrite the problem and get an answer.



Explain Everything Whiteboard: (Free) - an interactive whiteboard app used for presentations, sketching, collaborating, recording and increasing engagement and visual feedback.

Check out our full list of assistive technology apps on our website: <https://ldasudbury.ca/wp-content/uploads/2013/07/revised-learning-strategies-app-listnew.pdf>

NEWS & EVENTS

CRAFTS WITH CRYSTAL

Our monthly calendar of events were filled with activities for students to stay busy during the pandemic. Crafts with Crystal was a favourite; each week Crystal guided students through virtual craft sessions that included creating a motivation box and brain break signs. Students also made their very own daily routine chart. A huge thanks to *Big Life Journal* for allowing us to share these great ideas with families. www.biglifejournal.com



Students were happy to show off other creations they made with Crystal.



LET'S TALK SCIENCE

Once a week from May until the end of August students logged in to learn about science through experiential learning. We discovered how we see colour and created our very own rainbows and we discovered how spider webs are formed. We learned about weather as we created our very own cloud in jar and how sound is formed in the pan flutes we made with straws.

Thanks Cambrian College for partnering with us and for making science a whole lot of fun!



NEWS & EVENTS



JOURNEY TO SUCCESS

This 7-part program for students in grades 3-6 ran for 2 weeks at a time from April-July. Sessions were 45 minutes long and hosted daily at 10:00 a.m. via the Google classroom and Zoom.

With the assistance of a moderator, students took part in activities to help them discover their learning potential. From information gathered during the sessions students developed a learning profile that could later be shared with classroom teachers.

NETWORKING WITH PARENTS

Let's Talk Tuesdays allowed us to stay connected with parents while maintaining social distancing. This new format has provided us with a venue to reach and stay connected with parents all from the comforts of their home.

Sessions ran every Tuesday morning at 11:00 a.m. and parents had opportunities to network, get resources, work through challenges and celebrate successes. Every Tuesday we were welcomed into family homes and met with parents who were multi-tasking their work and home life and now home schooling their children.

Parents liked the idea of connecting with others, some needed help with overcoming their challenges of teaching curriculum they had long forgotten, some were looking for resources and some were happy to just connect with other parents.

I would like to thank the families who took part in our Zoom sessions and we look forward to meeting again soon. Stay well, stay safe!



LDAS YOUTH AMBASSADORS WANT YOU!

Want to feel empowered, engaged and connect with like minded youth?

Come join the LDAS Youth Ambassadors



NEWS & EVENTS

LDAS IS ACTIVELY SEEKING SEAC MEMBERS

The Learning Disabilities Association of Sudbury is actively looking for individuals to be an advocate for children and youth at the Special Education Advisory Committee (SEAC) table. The role of SEAC is a very important one as members are the voice at the table representing children and youth with special needs. Their role also includes the participation in the board’s annual review of the special education plan and annual budget process, as it relates to special education.

SEAC members may also provide information to parents upon request. If you are interested in joining SEAC and representing children with learning disabilities at your respective school board, please contact our office for more information at: resource@ldasudbury.ca or (705) 522-0100.



To learn more visit <http://seac-learning.ca>



OCTOBER
is

**Learning Disabilities (LD)
Awareness Month**

Check out our calendar of events and don’t forget to wear blue on Fridays throughout the month of October, to show your support for Learning Disabilities.

Over 2000 blue flags will be planted along Paris Street again this October. Each flag represents an individual with a learning disability in our school systems.

DID YOU KNOW!

Individuals with learning disabilities have average or above intelligence and great potential for success. Here are just a few of those identified with learning disabilities who have used their strengths to accomplish great things.

Maggie Aderin - Rocket Scientist

Canadian Author - Robert Munsch

Anderson Cooper - CNN Reporter

Anne M Burke - Supreme Court Judge

Joe Whitt, Jr. - NFL Coach

Virgin Airlines, Richard Branson

Jamie Oliver - Professional Chef

Tyler Lucas - Chief of Orthopedic Surgery,
Lincoln Medical



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LDA Sudbury

Announcing our Board of Directors for 2020 - 2021

Mary-Liz Warwick, Chair
Laura Urso, Vice-Chair
Robert Chown, Treasurer
Shannon Boland, Secretary

Directors

Elizabeth Brett-Dickie	Dr. Bess Blackwell
Chantel Robert	Graziella Visentin
Colleen McDonald	Hannah Smith
Gale Wiseman	

LDAS SUPPORT AND SERVICES

- **One-on-one resource/advocacy support** to families as they “navigate the school system”
- **Development and delivery** of workshops and presentations designed to raise awareness through our Community Outreach Program
- **Extensive resource library** offered through our partnership with the Greater Sudbury Public Library
- **Gr. 4 and up Coaching Program** in partnership with Laurentian University
- **School Age Presentations**
- **Newsletters**
- **Representation** on School Board SEAC Committees, RDSB
- **LDAS Youth Ambassador Program**

LDAS IS PROUD TO BE A UNITED WAY FUNDED PARTNER