

Step Up! Leading with Courage



The Learning Disabilities Association of Sudbury is pleased to announce that we will be hosting a Virtual Youth Conference with Keynote Speaker Carly Sotas on October 14, 2020. Carly will speak on the importance of mental wellness, life balance and resiliency.

Carly Sotas is an author and mental health activist dedicated to empowering the next generation of leaders. After publishing her first book at twenty, Carly Sotas began working with young empowerment and literacy organizations around the world. As an author and speaker, Carly believes that everyone has an important story to share.

Don't miss out on this FREE event!

Register today at Eventbrite:

<https://www.eventbrite.ca/e/step-up-leading-with-courage-registration-122086783857>



**Idas • Learning Disabilities
Association of Sudbury**

The right to learn, the power to achieve



EVERYONE WELCOME

FACILITATOR
CARLY SOTAS

OCTOBER 14, 2020

6:30 – 7:30 P.M.

FREE

VIRTUAL PRESENTATION

FOR MORE INFORMATION
CONTACT

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THIS CONFERENCE IS FUNDED
BY

