

Parent Education Program for Families with Children with ADHD

The Learning Disabilities Association of Sudbury is pleased to announce that we will be hosting our Parent Education Program again in 2022.

Beginning February 2, 2022 the program will run twice a month (first and third week of each month on Wednesdays from February until June), beginning at 6:30 p.m.

This program was developed by Dr. Robert Silvestri and is designed to support Parents of Children with ADHD in grades 5 to 8.

The goal of the program is to address the behavioural and academic risks facing students with ADHD.

This program will cover the following topics:

Overview of ADHD (history, symptoms, comorbidity, treatment)

Parent Attending and Communication Skills (positive communication skills and giving effective direction)

Behaviour Management (understand behaviours, reinforcement (praise) and mild discipline (time out)

Executive Function Skills Training (homework management, organizational strategies, time management strategies and developing problem solving skills)

School Consultation and Communication (how to communicate with school personnel to work collaboratively and to enhance parent/school relationships)

Feedback from Parents:

Excellent information and learnt so much.

Very informative, gives clear, honest explanations that are not only backed up by the research, but equally important personal experience.

PARENTS OF CHILDREN WITH
ADHD IN GRADES 5 – 8

FACILITATOR
DR. ROBERT SILVESTRI

BEGINNING FEBRUARY 2, 2022

RUNS FROM FEBRUARY TO JUNE
1ST AND 3RD WEDNESDAY OF
EACH MONTH

PARENTS ASKED TO COMMIT TO
ALL 10 SESSIONS

SPACE IS LIMITED

TO REGISTER CONTACT

WENDY 705 522 0100

OR EMAIL

resource@ldasudbury.ca